

## Progression in PE – Maypole Dance Year 2

<b>Prior Knowledge</b>	enjoy moving their bodies with some control.
<b><u>NC links</u></b>	<p><b>Pupils should be able to:</b> Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p><b><u>Pupils should be taught to:</u></b> perform dances using simple movement patterns. enjoy moving their bodies with some control.</p>
<b><u>Key knowledge - what they need to know</u></b>	<p><b>Actions/Steps</b>                      <b>Working in groups</b>                      <b>Direction</b>                      <b>Choreography</b>  <b>Performance/expression</b>                      <b>Rhythm</b></p> <p><b>Warm up: Pages 18-19 and pre-learnt material</b></p> <p><b><u>Lesson 1: chrysanthemum</u></b>  <b>To work in a small group as part of a larger group and work with musical phrases.</b></p> <p><b><u>Lesson 2: cobweb (creating a 3D pattern of a cobweb around a pole- instead of going around a pole, move around each other)</u></b>  <b>To move around each other and to learn a specific step.</b></p> <p><b><u>Lesson 3: cobweb (creating a 3D pattern of a cobweb around a pole- instead of going around a pole, move around each other)</u></b>  <b>To move around each other and to learn a specific step. (continue from lesson 2, will need another lesson since steps may take a while to learn)</b></p> <p><b><u>Lesson 4: Washerwoman's Brawle</u></b></p>

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To hold hands in a circle and move from left to right.  
To step towards the pole and to each other whilst turning (learn a sequence)  
To learn about the history of this dance (Tudor times)

**Lesson 5: To perform a maypole dance**

**I can perform my sequence to an audience**

**Key vocabulary:**

Create, perform, motif, stimulus, body shapes, formations, rhythm, sequence, maypole, ribbons, chrysanthemum, direction, sellenger's round, cobweb

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